

Lamb Hotpot

Ready Meal



Nutritional Values	Per 100g	Per Pouch 300g
Energy Kj	390.0	1170.0
Energy Kcal	92.0	276.0
Protein (g)	8.9	26.7
Carbohydrate (g)	10.1	30.3
of which sugar (g)	2.1	6.3
Fat (g)	1.8	5.4
of which saturated (g)	0.9	2.7
Fibre (g)	3.0	9.0
Sodium (g)	0.2	0.5
Equivalent in salt (g)	0.4	1.2

Vegetarian



Vegan



Allergens

milk

Produced in a nut free factory

Ingredients

potatoes (29%), lamb (24%), carrot (13%), water, peas (9%), onion, gluten-free flour, butter, lamb stock, tomato puree, sea salt, mint, black pepper