

Minestrone Soup



Nutritional Values	Per 100g	Per Pouch 300g
Energy Kj	174.0	522.0
Energy Kcal	41.0	123.0
Protein (g)	1.4	4.2
Carbohydrate (g)	6.9	20.7
of which sugar (g)	3.5	10.5
Fat (g)	0.9	2.7
of which saturated (g)	0.1	0.3
Fibre (g)	1.2	3.6
Sodium (g)	0.2	0.6
Equivalent in salt (g)	0.5	1.5

Vegetarian



Vegan



Allergens

none

Produced in a nut free factory

Ingredients

tomatoes (54%), tomato puree, onion, water, carrot, cannellini beans, peas, green beans, rice pasta (2%), sweetcorn, sugar, olive oil, garlic, sea salt, basil, oregano, black pepper