

Mushroom Soup



Nutritional Values	Per 100g	Per Pouch 300g
Energy Kj	147.0	441.0
Energy Kcal	35.0	105.0
Protein (g)	1.9	5.7
Carbohydrate (g)	3.2	9.6
of which sugar (g)	0.7	2.1
Fat (g)	1.7	5.1
of which saturated (g)	1.0	3.0
Fibre (g)	0.9	2.7
Sodium (g)	0.3	0.8
Equivalent in salt (g)	0.6	1.9

Ingredients
water, mushrooms (20%), onion, single cream (9%), cornflour, mushroom stock, dried mushrooms (<2%), sea salt, tarragon, black pepper

Vegetarian
Vegan

Allergens
milk
Produced in a nut free factory