

Mushroom Stroganoff

Ready Meal



Nutritional Values	Per 100g	Per Pouch 250g
Energy Kj	323.0	807.5
Energy Kcal	77.0	192.5
Protein (g)	2.7	6.8
Carbohydrate (g)	6.5	16.3
of which sugar (g)	2.8	7.0
Fat (g)	4.5	11.3
of which saturated (g)	2.8	7.0
Fibre (g)	2.7	6.8
Sodium (g)	0.33	0.8
Equivalent in salt (g)	0.8	2.1

Vegetarian



Vegan



Allergens

milk

Produced in a nut free factory

Ingredients

closed cup mushrooms (51%), single cream, onion, camargue red rice (4%), water, dried mushrooms, cornflour, brandy, tapioca starch, vegetable stock, sea salt, black pepper