

Sausage Casserole

Ready Meal



| Nutritional Values | Per 100g | Per Pouch 300g |
|------------------------|----------|----------------|
| Energy Kj | 434.0 | 1302.0 |
| Energy Kcal | 104.0 | 312.0 |
| Protein (g) | 5.7 | 17.1 |
| Carbohydrate (g) | 9.0 | 27.0 |
| of which sugar (g) | 2.1 | 6.3 |
| Fat (g) | 5.0 | 15.0 |
| of which saturated (g) | 2.1 | 6.3 |
| Fibre (g) | 3.1 | 9.3 |
| Sodium (g) | 0.3 | 0.8 |
| Equivalent in salt (g) | 0.7 | 1.9 |

Vegetarian



Vegan



Allergens

milk

Produced in a nut free factory

Ingredients

potatoes (40%), pork sausages (25%) [lean pork (89%), seasoning: rice flour, salt, white pepper, nutmeg, mace, ginger, coriander, chilli powder, black pepper, sage, parsley, yeast extract, sugar, spice extracts], water, onion, onion marmalade, gluten free flour, butter, tomato puree, vegetable stock, beef stock, cornflour, sea salt, bay leaf, black pepper