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AUSTRIAN MUESLI

This delicious Austrian breakfast dish needs to be prepared the night before to allow the oats and the dried fruit to swell in the live yogurt overnight.

Serves 1. (For two or more portions, duplicate main ingredients)

Per serving: 200 calories, 2g fat

Prep time: 3 mins

Cook Time: None

INGREDIENTS

20g (half a blue Portion Pot®) Luxury Muesli

100g Live Plain Yogurt

1 teaspoon runny honey

METHOD

1. Mix the muesli with the yogurt and the honey in a small cereal dish.
2. Cover with clingfilm and place in the fridge overnight.
3. Serve chilled for a nutritious breakfast.

